



In the event of a natural disaster, personnel at Georgia Pines wants to ensure that all individuals served have the resources needed to ensure optimal health and safety. Please review the storm preparedness tips and resources below:

Hurricane Preparedness checklist (from FEMA)

<input type="checkbox"/> Water: one gallon of water per person per day for at least 3 days (drinking and sanitation)	<input type="checkbox"/> Food: at least a 3 day supply of nonperishable and easy-prepare food - Examples: canned goods, dry cereal, bread, ready to eat canned soups and meats, peanut butter, crackers, granola bars, rice, pasta, pasta sauce, seasoning, oats, canned juices)
<input type="checkbox"/> Prescription medications and glasses	<input type="checkbox"/> Important family documents (stored in a waterproof, portable container) - Examples: Copies of insurance policies, identification & bank records
<input type="checkbox"/> Cash or traveler's checks and change	<input type="checkbox"/> Manual Can opener for food
<input type="checkbox"/> Emergency reference material such as first aid book or information from www.ready.gov	<input type="checkbox"/> Local maps
<input type="checkbox"/> Sleeping bag or warm blankets for each person	<input type="checkbox"/> Fully charged cell phone (with backup batteries/charging source)
<input type="checkbox"/> Complete change of clothing including a long sleeved shirt, long pants, and sturdy shoes.	<input type="checkbox"/> Baby supplies: Diapers, wipes, formula or baby food, bottles, rash ointments
<input type="checkbox"/> Fire extinguisher	<input type="checkbox"/> Pet supplies: pet food, leash and collar, water/food bowls, carrier
<input type="checkbox"/> Matches in a waterproof container	<input type="checkbox"/> Feminine supplies and personal hygiene items
<input type="checkbox"/> Mess kits, paper cups, plates, and plastic utensils, paper towels	<input type="checkbox"/> Books, games, puzzles, or other activities for children
<input type="checkbox"/> Paper and pencil	<input type="checkbox"/> Household chlorine bleach and medicine dropper (to use as disinfectant and to treat water)
<input type="checkbox"/> Battery-powered or hand crank radio and a NOAA Weather Radio (with tone alert and extra batteries)	<input type="checkbox"/> Flashlight (with extra batteries)
<input type="checkbox"/> First Aid Kit With items including: <input type="checkbox"/> (20) adhesive bandages, various sizes <input type="checkbox"/> (1) 5" x 9" sterile dressing <input type="checkbox"/> (1) conforming roller gauze bandage <input type="checkbox"/> (2) triangular bandages. <input type="checkbox"/> (2) 3 x 3 sterile gauze pads <input type="checkbox"/> (2) 4 x 4 sterile gauze pads. <input type="checkbox"/> (1) roll 3" cohesive bandage. <input type="checkbox"/> Aspirin or nonaspirin pain relieve <input type="checkbox"/> Anti-diarrhea medication	<input type="checkbox"/> First Aid Kit (continued) <input type="checkbox"/> (6) antiseptic wipes <input type="checkbox"/> (2) germicidal hand wipes or waterless alcohol-based hand sanitizer. <input type="checkbox"/> (2) pair large medical grade non-latex gloves. <input type="checkbox"/> Adhesive tape, 2" width. <input type="checkbox"/> Anti-bacterial ointment. <input type="checkbox"/> Cold pack. <input type="checkbox"/> Scissors (small, personal). <input type="checkbox"/> CPR breathing barrier, such as a face shield.

Storm Emergency Contact Information

- American Red Cross: 1-866-438-4636, RedCross.org
- FEMA:1-800-525-0321, FEMA.gov
- Contact your local utility company to report a power outage



- Colquitt: 229-985-3620
- Decatur: 229-248-0529
- Grady: 229-377-3653
- Mitchell: 229-436-0336
- Seminole: 229-524-2141
- Thomas: 229-227-7001

Storm Shelters

- **Colquitt:** Shelter in the Storm, 306 Moultrie Rd. Moultrie, GA 31705; 229-669-1697
- **Decatur:** Decatur County Community Action Council, 1732 Bethel Rd. Bainbridge, GA 39817; 229-246-3119
- **Grady:** Habitat for Humanity, 140 1st Ave. NE. Cairo, GA 39828; 229-377-3653
- **Mitchell:** Mitchell County Community Action Agency, 165 West Circle Dr., Camilla GA 31730; 229-336-5795
- **Seminole:** Seminole Community Action Agency, 1123 E. Third St. Donalsonville, GA 39845; 229-524-5494
- **Thomas:** Survive-A-Storm Tornado Shelter, 1207 Sunset Dr. Thomasville, GA 31792; 229-226-0911
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Friendly Reminders

- Reach out to your assigned case manager to keep them updated so that they may link you to additional resources to meet your needs.
- To ensure Georgia Pines staff are able to reach you after the storm, please ensure that Releases of Information through Georgia Pines are updated with emergency and/or temporary contacts. Please see your assigned case manager to sign these forms.

If you are experiencing a mental health crisis, please use the following resources

- Georgia Crisis and Access Line: 1-800-715-4225
- Suicide Prevention Line: 1-800-273-8225
- Behavioral Health Crisis Center: 229-225-3917; 525 Cassidy Rd. Thomasville, GA 31792
- Crisis text line: text 741741

Once the storm has passed, please walk-in or contact Georgia Pines to continue services

- Colquitt County Mental Health: 615 N. Main St. Moultrie, GA 31768; 229-891-7374
- Decatur County Mental Health: 1005 Washington St. Bainbridge, GA 39819; 229-248-2683
- Mitchell County Mental Health: 339 Pride St. Pelham, GA 31779; 229-294-6510
- Thomas County Mental Health: 1102 Smith Ave. Thomasville, GA 31792; 229-225-5208

Please see the attached Family Emergency Communication Plan. It may be a good idea to laminate this card to avoid damage during a natural disaster.

Best Regards,

Georgia Pines Community Service Board
1102 Smith Avenue Thomasville GA, 31792